

JIM & CO

Menu

ALL DAY BREAKFAST

TOAST WITH CHOICE OF SPREAD

sourdough white, wholemeal or soy linseed /
Turkish / raisin / gluten free

served with butter / peanut butter /
Vegemite / jam

EGGS ON TOAST

two eggs your way

ADD bacon 5.0 / smoked salmon 5.0 /
halloumi 4.5 / avocado 4.0 / hashbrown 4.0 /
mushroom 4.0 / spinach 3.5 /
grilled tomato 3.5 / feta 3.0

OMELETTE WITH ANY CHOICE OF THREE

ham / bacon / mushroom / onion / spinach /
tomato / cheese / smoked salmon

served with toasted sourdough

5.0

HALLOUMI STACK

17.0

two poached eggs, grilled halloumi, parmesan
cheese, tomato & pesto on sourdough bread

AVOCADO ON TOAST WITH FETA

14.5

smashed avocado, house made pickle, feta

HEALTHY KICK START

16.0

two free range poached eggs, avocado,
grilled tomato, organic honey, ricotta
cheese & sourdough bread

ACAI BOWL

18.0

homemade granola, chia seeds, toasted
coconut, banana, kiwi & berries

WAFFLE

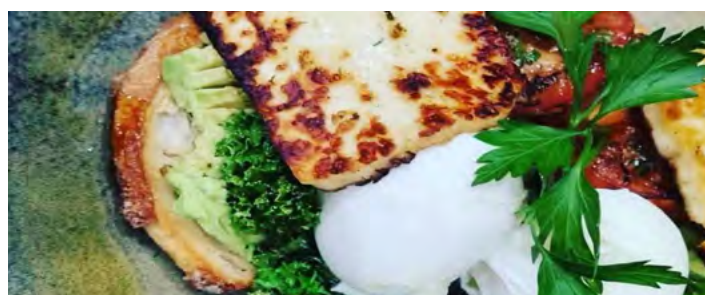
15.0

waffle, vanilla ice cream, strawberry,
banana, maple syrup, icing sugar



SIDES

| | |
|-------------------------|-----|
| avocado | 3.5 |
| bacon | 5.0 |
| egg | 3.0 |
| cheese | 1.0 |
| feta | 2.0 |
| ham | 3.5 |
| mushrooms | 3.5 |
| chorizo | 4.0 |
| sausage | 4.0 |
| smoked salmon | 4.5 |
| spinach | 3.5 |
| grilled tomato | 3.0 |
| gluten-free toast | 2.0 |



LUNCH 10AM-2PM

NOURISH BOWL 16.0

hummus, roasted pumpkin, avocado, onion pickle, tomato, quinoa, edamame bean

ADD on chicken 5.0 / egg 3.0

CLEAN EATERS 18.0

grilled chicken breast fillet, steamed broccoli, brown rice with Portuguese mayo on the side

CHICKEN BREAST 15.0

FILLET BURGER

grilled chicken, lettuce, pickled cucumber & chipotle sauce

ADD side garden salad or chips 5.0

SEARED SMOKED SALMON 18.0

seared smoked salmon, smashed avocado, cream cheese, dill capers on deli rye

JIM & CO POWER SALAD 16.0

green garden veggies, avocado, pumpkin, zucchini, carrot, chickpea, almonds with lemon dressing

ADD on chicken 5.0 / smoked salmon 5.0 / haloumi 5.0

THAI CHICKEN 18.0

VERMICELLI SALAD

grilled chicken, cucumber, tomato, coriander, mint, mix leaf vermicelli & Thai dressing

JAPANESE SOBA 16.0

NOODLE SALAD

organic buckwheat soba noodle, edamame, avocado, mixed salad & Japanese sesame dressing

ADD on grilled chicken 5.0

SPAGHETTI BOLOGNESE 15.0

spaghetti, Italian tomato sauce made with: beef mince, onion, carrot, celery & herbs topped with parmesan cheese



DRINKS

COFFEE

| |  |  |
|---------------------|---|---|
| latte | 4.0 | 5.0 |
| cappuccino | 4.0 | 5.0 |
| flat white | 4.0 | 5.0 |
| long black | 4.0 | 5.0 |
| hot chocolate | 4.0 | 5.0 |
| mocha | 4.5 | 5.5 |
| espresso | 3.5 | - |
| piccolo | 4.0 | - |
| macchiato | 4.0 | - |
| chai latte | - | 5.0 |
| matcha coconut milk | - | 5.0 |

EXTRAS

coffee shot · decaf · soy · almond ·
oat · coconut · lactose free · syrups

TEA

chamomile
english breakfast
peppermint
earl grey
gunpowder green
lemongrass & ginger

COLD DRINKS

| | |
|------------------|-----|
| iced latte | 6.0 |
| iced long black | 6.0 |
| iced coffee | 6.9 |
| iced mocha | 6.9 |
| iced chocolate | 6.9 |
| coffee frappe | 6.9 |
| chocolate frappe | 6.9 |
| mocha frappe | 6.9 |

SHAKES

| | |
|---------------------------------------|-----|
| maple roasted pecan & salted caramel | 6.9 |
| salted chocolate & peanut butter | 6.9 |
| nutella blended with ice cream & milk | 6.9 |
| milkshakes (choice of flavour) | 6.0 |

SMOOTHIES ADD protein powder 2.0

RECHARGE 9.0

banana, honey, cinnamon, almond,
yoghurt, milk

IMMUNE BOOST 9.0

mixed berry, cinnamon, almond,
chia seeds, maple, milk

GREEN DETOX 10.0

kale, spinach, lemon, kiwi, celery, apple,
honey, turmeric

0.7 ACAI SMOOTHIE 9.5

amazon power organic acai, banana,
coconut water

4.5 AVO SMOOTHIE 9.5

avocado, banana, honey, almond milk

COFFEE PROTEIN 10.0

coffee, banana, honey, almond, protein,
almond milk

FRESH JUICE (500ml) 9.5

TROPICAL

orange, apple, carrot, watermelon

REFRESH

watermelon, pineapple, orange, lemon

GREEN PEACE

celery, apple, cucumber

SKIN CLEANSER

carrot, celery, apple

VEGGIE DELIGHT

beetroot, carrot, celery

CATERING AVAILABLE

FOLLOW US!

 @jimandcosydney

 @jimandco_cafe_sydney

