

ALL DAY BREAKFAST

TOAST WITH CHOICE OF SPREAD

sourdough white, wholemeal or soy linseed /
Turkish / raisin / gluten free

served with butter / peanut butter /
Vegemite / jam

5.0

EGGS ON TOAST

two eggs your way

ADD bacon 5.0 / smoked salmon 5.0 /
halloumi 4.5 / avocado 4.0 / hashbrown 4.0 /
mushroom 4.0 / spinach 3.5 /
grilled tomato 3.5 / feta 3.0

11.0

OMELETTE WITH ANY CHOICE OF THREE

ham / bacon / mushroom / onion / spinach /
tomato / cheese / smoked salmon

served with toasted sourdough

16.0

BACON & EGG ROLL

2 eggs, bacon, on Turkish bread

choice of sauce: tomato, BBQ, aioli

10.0

SEARED SMOKED SALMON

seared smoked salmon, smashed avocado,
cream cheese, dill capers on deli rye

18.0

HEALTHY KICK START

two free range poached eggs, avocado,
grilled tomato, organic honey, ricotta
cheese & sourdough bread

16.0

ACAI BOWL

homemade granola, chia seeds, toasted
coconut, banana, kiwi & berries

18.0

GRANOLA BOWL

homemade granola, sweet yogurt &
seasonal fruit

16.0

SIDES

avocado	4.0
bacon	5.0
egg	4.0
cheese	2.0
feta	2.0
ham	3.5
mushrooms	3.5
smoked salmon	4.5
spinach	3.5
grilled tomato	3.0
gluten-free toast ..	2.0



LUNCH 10AM-2PM

BEEF BURGER

17.0

secret beef patties, lettuce, tomato, caramelised onion, gherkins, American cheese, house-made mayo & brioche bun

CHICKEN BREAST FILLET BURGER

15.0

chicken (choice of grilled OR crispy), lettuce, pickled cucumber & chipotle sauce or homemade mayo

HAWAII TUNA BURGER

17.0

skipjack tuna, mixed lettuce, tomato, pineapple, cheddar cheese, tomato relish, spicy mayo & brioche bun

ADD side garden salad or chips 5.0

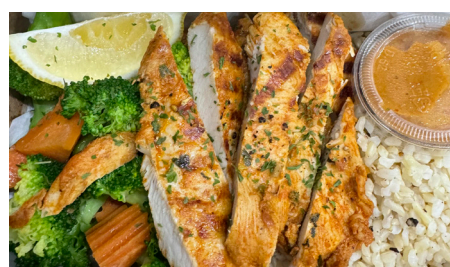


NOURISH BOWL

16.0

hummus, roasted pumpkin, zucchini, avocado, onion pickle, tomato, quinoa & edamame bean

ADD chicken 5.0 / egg 3.0 / smoked salmon 5.0 / halloumi 5.0



CLEAN EATERS

18.0

grilled chicken breast fillet, steamed broccoli, brown rice with Portuguese mayo on the side

ADD chicken 5.0 / smoked salmon 5.0 / halloumi 5.0

JIM & CO POWER SALAD

16.0

green garden veggies, avocado, pumpkin, zucchini, chickpea, almonds, with lemon dressing

MEXICANA SALAD

16.0

salad lettuce, sweet corn, black beans, red pepper, avocado, corn chips & lime sour cream dressing

ADD chicken 5.0 / smoked salmon 5.0 / halloumi 5.0



PASTA BAR

PENNE PESTO CREAM WITH GRILLED CHICKEN

19.9

penne pasta, sun-dried tomato, pesto and cream sauce, Italian basil, grilled chicken, and Parmesan cheese



BACON MUSHROOM CREAM SAUCE

19.9

spaghetti, rasher bacon, mushroom, cream sauce, and Parmesan cheese



AGLIO E OLIO

19.9

spaghetti, mushroom, bacon, garlic, chili flakes, and fresh parsley



GARLIC OIL AND VEGGIES

19.9

spaghetti, sun-dried tomato, mushroom, spinach, garlic oil, and Parmesan cheese



SPAGHETTI BOLOGNESE

16.0

spaghetti, homemade bolognese sauce, Italian basil, and Parmesan cheese



PENNE NAPOLETANA

16.0

penne pasta, Neapolitan sauce, olives, feta cheese, and Italian basil



DRINKS

COFFEE



latte	4.5
cappuccino	4.5
flat white	4.5
long black	4.3
hot chocolate	4.5
mocha	5.0
espresso	4.0
piccolo	4.3
macchiato	4.3
chai latte	-
matcha coconut milk	-

EXTRAS

coffee shot · decaf · soy · almond · oat · coconut · lactose free · syrups

TEA

chamomile
english breakfast
peppermint
earl grey
gunpowder green
lemongrass & ginger

COLD DRINKS

iced latte	6.0
iced long black	6.0
iced coffee	6.9
iced mocha	6.9
iced chocolate	6.9
coffee frappe	6.9
chocolate frappe	6.9
mocha frappe	6.9
iced coconut matcha	7.5

SHAKES



maple roasted pecan & salted caramel	8.0
salted chocolate & peanut butter	8.0
nutella blended with ice cream & milk	7.0
milkshakes (choice of flavour)	7.0

SMOOTHIES ADD protein powder 2.0

RECHARGE 9.0

banana, honey, cinnamon, almond, yoghurt, milk

IMMUNE BOOST 9.0

mixed berry, cinnamon, almond, chia seeds, maple, milk

GREEN DETOX 10.0

kale, spinach, lemon, kiwi, celery, apple, honey, turmeric

0.7

ACAI SMOOTHIE 9.5

amazon power organic acai, banana, coconut water

4.5

AVO SMOOTHIE 9.5

avocado, banana, honey, almond milk

COFFEE PROTEIN 10.0

coffee, banana, honey, almond, protein, almond milk, oat

FRESH JUICE (500ml) 9.5

TROPICAL

orange, apple, carrot, watermelon

REFRESH

watermelon, pineapple, orange, lemon

GREEN PEACE

celery, apple, cucumber

SKIN CLEANSER

carrot, celery, apple

VEGGIE DELIGHT

beetroot, carrot, celery

CATERING AVAILABLE

FOLLOW US!

 @jimandcosydney

 @jimandco_cafe_sydney

